

REFERRAL FORM

2015

BACK ON TRACK (IAPT) PSYCHOLOGICAL THERAPIES

Admin: 0208 483 2576
Service User Tel No: 0300 123 1156
Fax: 0300 123 1158

Website: www.backontrack.nhs.uk
Address: 194 Hammersmith Rd, W6 7DJ
Email Referrals to: wlm-tr.backontrack@nhs.net

SURNAME: _____

FIRST NAME: _____ Date of Birth: _____

NHS Number: _____

Gender: MALE / FEMALE

Address (with postcode) _____

Home telephone _____ OK to leave a message on this number? YES / NO

Mobile telephone _____ OK to leave a message on this number? YES / NO

Email address _____

Main Reason for referral? _____

How long has this been a problem? _____

Any other mental health problems? _____

Any long-term medical conditions? _____

Current mental health medication? _____

Any drug/alcohol concerns? YES / NO IF YES please give details: _____

Any dependent children? YES / NO IF YES please give details: _____

Current or previous use of mental health services/ counselling? YES / NO IF YES please give details: _____

Any known risk to SELF (e.g. suicide, self-harm, neglect)?

CURRENT YES / NO IF YES please give details: _____

HISTORY YES / NO IF YES please give details: _____

Any known risk from OTHERS (e.g. domestic violence, bullying)?

CURRENT YES / NO IF YES please give details: _____

HISTORY YES / NO IF YES please give details: _____

Any known risk to OTHERS (e.g. violence, aggression, risk to children)?

CURRENT YES / NO IF YES please give details: _____

HISTORY YES / NO IF YES please give details: _____

Will they require an interpreter? YES / NO IF YES please state language: _____

Any special requirements e.g. ground floor, wheelchair access, preference for male/female therapist? _____

GP NAME: _____ GP SURGERY NAME: _____

NAME OF PERSON MAKING REFERRAL (if not the GP): _____

Address of person making referral: _____

Email address of person making referral: _____

Date of referral: _____

THIS IS NOT AN EMERGENCY SERVICE. If your patient requires immediate access to services please refer to the Assessment Team, Claybrook Centre, 37 Claybrook Road, W6 8LF or local A&E Department
Back on Track provides improved access to psychological therapies for NHS Hammersmith and Fulham in a partnership of West London Mental Health NHS Trust, Mental Health Matters (Reg. Charity No. 514829) and West London Centre for Counselling (Reg. Charity No: 1027290) .